

## SUPPLEMENTAL BENEFITS - HMO

### Over-the-counter (OTC) allowance

BSW SeniorCare Advantage HMO plans feature a \$30 quarterly allowance from participating retailers to purchase eligible over-the-counter items, such as bandages, cold and allergy medicines, pain relievers, and more. You will receive a mailing for the OTC Network with a card and instructions for setting up an account to view available items and for making purchases. Participating retailers include: CVS, Discount Drug Mart, Dollar General, Family Dollar, HEB, Rite Aid, Walmart, Walgreens and other independent pharmacy locations.

**Note:** CVS Pharmacies at Target do not accept OTC Network cards. Unused amounts do not roll over from quarter to quarter or to next year.

### In-home meals benefit

BSW SeniorCare Advantage HMO plans include a meal benefit to ease your recovery when you return home from the hospital.

- 14 meals per hospital discharge to home; limit 3 discharges per year.
- Upon being discharged from the hospital, you will receive meals delivered right to your door at no cost to you. GA Foods will contact you to arrange delivery.
- All meals are low in salt, sugar, fat, cholesterol and are suitable for diabetics and those with cardiac conditions.

### In-home support services

BSW SeniorCare Advantage HMO plans include assistance in performing activities of daily living, such as light homemaking and meal preparation, at no additional cost. HMO plans are offered with or without Part D benefits.

- HMO with Part D includes up to three, 4-hour shifts
- HMO without Part D includes up to five, 4-hour shifts

### Routine transportation

BSW SeniorCare Advantage HMO plans include routine transportation to approved locations such as medical appointments, physical therapy visits, labs, grocery stores and drug stores.

To get started, schedule an appointment by contacting LogistiCare at **1.866.428.0212**.

There is no additional cost for this service. It includes 24 one-way trips up to 50 miles each way.

## Dental care

Scott and White Health Plan's 2021 HMO plans include dental benefits through MetLife for no additional premium. Coverage includes things like exams, cleanings, X-rays, extractions and fillings, restorative services and even dentures. Refer to the Evidence of Coverage for complete details, including limitations and exclusions.

MetLife's Preferred Dentist Program is a dental PPO plan. You can visit any licensed dentist – in or out of the MetLife PDP Plus network – and receive benefits. Find a participating dentist at [MetLife.com](https://www.MetLife.com).

Dental Benefits	
Yearly Benefit Maximum	\$2,000
Deductible	\$0
Oral Exams, Cleanings (every 6 months)	\$0
Dental X-rays (every 3 years)	\$0
Extractions and Fillings	50%
Dentures (every 5 years)	50%
Restorative Services (every 2 years)	50%

## Vision care

Regular eye exams may do more than help maintain your vision. They may also help detect other serious health issues such as diabetes or high blood pressure. Our 2021 plans provide coverage for a routine annual exam, plus a \$125 annual allowance toward the purchase of contacts, frames and lenses. You must use a Superior Vision provider. Call 1.800.879.6901 or visit [superiorvision.com](https://www.superiorvision.com) to locate a network provider.

## Hearing care

As part of our commitment to our members' overall quality of life, we offer members essential hearing services that are not covered by Original Medicare, including a routine hearing exam and a \$1,000 allowance every three years toward the purchase of hearing aids. Refer to the Evidence of Coverage for details.

## Silver&Fit® program

The Silver&Fit® program will empower you to get fit with fitness options, digital tools, and healthy aging resources designed to meet your unique needs. Enjoy one, some, or all of the following: 1,500+ digital workout videos, Stay Fit Kits, Home Fitness Kits, access to one of 15,000+ participating fitness centers, fitness tracking, and Healthy Aging Coaching.