



Rethinking kidney care so you can live your best life

Say hello to Cricket Health

A chronic kidney disease (CKD) or end stage renal disease (ESRD) diagnosis comes with a lot of new information and significant changes in how you live. It can be hard to stay on top of it all – managing different medications and diet plans, and monitoring your daily vitals. That’s why Cricket Health is such a welcome addition to your care team.

Who is Cricket Health?

Cricket Health is here to support you. We don’t take over your care – your doctor handles that. Instead, we provide you with personalized support between your appointments. We can help you figure out things like how to work with more than one doctor or how to choose the best treatment for your lifestyle. We also give you access to online resources including:

- A dietitian who designs meal plans to fit your needs and lifestyle.
- A community where you can chat with and get support from our clinicians, health experts, and other Cricket Health members with CKD or ESRD.
- Helpful videos on many CKD- or ESRD-related topics.
- Self-guided education programs on wellness management, ESRD treatment options and dialysis access placement.

Quick, easy signup and no additional cost

Cricket Health services are complimentary through your Scott and White Health Plan, and you can see if you qualify by answering a few simple questions at crickethealth.com/eligible. Or feel free to call or email at 888.780.0253 or support@crickethealth.com.

We can send you text reminders with sign up information.
Text JOIN to 325.666.3132.*



*Message and data rates may apply. Terms and conditions and privacy policy are located here [crickethealth.com]